

# **ANALISIS FAKTOR – FAKTOR STRES KERJA KARYAWAN DI CV SUBUR DWI MULYA JUWANA PATI**

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## **Abstrak**

Penelitian ini bertujuan untuk menganalisis faktor-faktor stres kerja karyawan di CV Subur Dwi Mulya Juwana. Penelitian ini menggunakan metode deskriptif kuantitatif. Data primer bersumber dari hasil kuesioner persepsi karyawan. Teknik pengambilan sampel yang digunakan dalam penelitian ini menggunakan teknik sensus total sejumlah 30 responden. Berdasarkan hasil penelitian secara keseluruhan, variabel stres kerja memiliki rata-rata hitung sebesar 2,73 yang termasuk kategori setuju. Berdasarkan indikator ketidakpastian ekonomi memiliki rata-rata hitung sebesar 2,41 yang termasuk kategori tidak setuju. Berdasarkan indikator perubahan teknologi memiliki rata-rata hitung sebesar 2,26 yang termasuk kategori tidak setuju. Berdasarkan indikator tuntutan tugas memiliki rata-rata hitung sebesar 2,85 yang termasuk kategori setuju. Berdasarkan indikator tuntutan peran memiliki rata-rata hitung sebesar 2,92 yang termasuk kategori setuju. Berdasarkan indikator tuntutan pribadi memiliki rata-rata hitung sebesar 3,1 yang termasuk kategori setuju. Berdasarkan indikator struktur organisasi memiliki rata-rata hitung sebesar 2,46 yang termasuk kategori tidak setuju. Berdasarkan indikator kepemimpinan organisasional memiliki rata-rata hitung sebesar 3,1 yang termasuk kategori setuju. Berdasarkan indikator masalah keluarga memiliki rata-rata hitung sebesar 2,66 yang termasuk kategori setuju. Berdasarkan indikator karakteristik kepribadian memiliki rata-rata hitung sebesar 2,81 yang termasuk kategori setuju.

**Kata Kunci:** *Stres Kerja*



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**ANALYSIS OF EMPLOYEE WORK STRESS FACTORS AT CV SUBUR DWI  
MULYA JUWANA PATI**

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***Abstract***

*This study aims to analyze the work stress factors of employees at CV Subur Dwi Mulya, Juwana. This study uses a quantitative descriptive method. Primary data sourced from the results of the employee perception questionnaire. The sampling technique used in this study was a total census technique of 30 respondents. Based on the results of the research as a whole, the work stress variable has an average count of 2.73 which is included in the agree category. Based on the indicators of economic uncertainty, it has an average count of 2.41 which is included in the disagree category. Based on the indicators of technological change, it has an average count of 2.26 which is included in the disagree category. Based on the indicators of task demands, the average count is 2.85 which is included in the agree category. Based on the indicators of role demands, the average count is 2.92 which is included in the agree category. Based on the personal demand indicator, it has an average count of 3.1 which is included in the agree category. Based on the indicators of organizational structure, it has an average count of 2.46 which is included in the disagree category. Based on the indicators of organizational leadership, it has an average count of 3.1 which is included in the agree category. Based on the indicators of family problems, it has an average count of 2.66 which is included in the agree category. Based on the indicators of personality characteristics, it has an average count of 2.81 which is included in the agree category.*

***Keywords:*** *Work Stress*