

STRES KERJA PADA PORTER YOGYAKARTA INTERNATIONAL AIRPORT DI MASA PANDEMI COVID 19

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ABSTRAK

Pandemi Covid 19 menyebabkan terjadinya perubahan pada berbagai aspek kehidupan. Tidak hanya mempengaruhi aspek kesehatan dan ekonomi, tetapi juga berdampak pada psikologis. Penelitian ini bertujuan untuk mengetahui stres kerja pada porter Yogyakarta International Airport. Metode penelitian yang digunakan adalah metode kualitatif dengan pendekatan studi kasus. Pemilihan subjek penelitian menggunakan teknik purposive sampling. Subjek dalam penelitian ini adalah tiga porter Yogyakarta International Airport dan tiga significant other. Pengambilan data dilakukan dengan metode observasi tersamar, wawancara semi terstruktur, dan dokumentasi. Hasil penelitian menunjukkan adanya stres kerja pada porter Yogyakarta International Airport. Artinya, ketiga subjek mengalami stres kerja selama pandemi Covid 19. Data dianalisis menggunakan aspek dari Robbins and Judge (2015), yaitu fisiologis, psikologis, dan perilaku.

Kata kunci: *Pandemi Covid 19, Porter, Stres kerja, Yogyakarta International Airport*

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ABSTRACT

The Covid 19 pandemic has caused changes in various aspects of life. It not only affects the health and economic aspects, but also has an impact on the psychological. This study aims to determine the work stress of porters at Yogyakarta International Airport. This qualitative study employed a case study approach. Research subjects were selected using purposive sampling technique. They were three porters at Yogyakarta International Airport and also three significant others. Data collection was carried out using covert observation methods, semi-structured interviews, and documentation. The results showed that there was work stress at the Yogyakarta International Airport porter. This means, that the three subjects experienced work stress during the Covid 19 pandemic. Work stress is analyzed using aspects from Robbins and Judge (2015), namely physiological, psychological, and behavioral

Keywords: Covid 19 Pandemic, Porter, Work Stress, Yogyakarta International Airport