

# **GAMBARAN PSYCHOLOGICAL WELL-BEING GURU HONORER DI SDN BRAJAN**

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## **ABSTRAK**

*Psychological Well-Being* merupakan kesejahteraan secara psikologis individu secara positif yang mampu menerima dirinya sesuai dengan keadaan. Status kepegawaian guru terbagi menjadi 2 yaitu guru bertatus PNS dan guru berstatus honorer. Guru berstatus PNS kesejahteraannya terjamin oleh pemerintah sedangkan guru tenaga honorer pekerjaannya tidak tetap dengan gaji yang rendah dan kesejahteraannya belum terjamin sehingga terjadi kesenjangan antara guru bertatus honorer dengan guru berstatus PNS. Penelitian ini bertujuan memperoleh gambaran *Psychological Well-Being* Guru Honorer di SDN Brajan. Penelitian ini menggunakan metode kualitatif dengan pendekatan deskriptif. Teknik pengumpulan data dalam penelitian ini menggunakan wawancara, observasi dan dokumentasi. Subjek dalam penelitian ini berjumlah 3 guru berstatus honorer yang berusia antara 25-60 tahun dengan berjenis kelamin laki-laki dan perempuan. Subjek diperoleh dengan menggunakan teknik *purposive sampling*. Teori yang digunakan pada penelitian ini adalah Ryff (1989) dengan menggunakan 6 dimensi *Psychological Well-Being*. Berdasarkan hasil penelitian, ketiga subjek memiliki *Psychological Well-Being* yang baik dengan merasa bersyukur dalam menjalaninya profesinya sebagai guru honorer. Merasa puas dengan pekerjaannya dengan dilandasi niat beribadah dan mengabdikan.

**Kata kunci:** Guru, Honorer, *Psychological Well-Being*.

## **A DESCRIPTION OF PSYCHOLOGICAL WELL-BEING HONORARY TEACHER IN SDN BRAJAN**

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### **ABSTRAK**

*Psychological Well-Being is a positive psychological well-being of individuals who are able to accept themselves according to circumstances. The staffing status of teachers is divided into 2, namely teachers with civil servant status and teachers with honorary status. The welfare of teachers with civil servant status is guaranteed by the government, while honorary teachers have non-permanent jobs with low salaries and their welfare is not guaranteed, so there is a gap between teachers with honorary status and teachers with civil servant status. This study aims to obtain an overview of the Psychological Well-Being of Honorary Teachers at SDN Brajan. This study uses a qualitative method with a descriptive approach. Data collection techniques in this study used interviews, observation and documentation. The subjects in this study were 3 teachers with honorary status, aged between 25-60 years, male and female. Subjects were obtained by using purposive sampling technique. The theory used in this study is Ryff (1989) using 6 dimensions of Psychological Well-Being. Based on the results of the study, the three subjects had good Psychological Well-Being by feeling grateful in carrying out their profession as honorary teachers. Feeling satisfied with his work based on the intention to worship and serve.*

**Keywords:** Teacher, Honorary, Psychological Well-Being.