

ANALISIS STRES KERJA PADA PT MILLENNIUM PHARMACON INTERNATIONAL TBK CABANG YOGYAKARTA

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Abstrak

Penelitian ini bertujuan untuk mengetahui dan menganalisis Stres Kerja pada PT Millennium Pharmacon International Tbk Cabang Yogyakarta. Penelitian ini menggunakan metode deskriptif kuantitatif. Populasi dalam penelitian ini adalah karyawan PT Millennium Pharmacon International Tbk Cabang Yogyakarta. Hasil dari penelitian menunjukkan nilai rata-rata indikator beban kerja sebesar 3,55 termasuk kategori sangat setuju, indikator sikap pemimpin sebesar 3,64 termasuk kategori sangat setuju, indikator waktu kerja 3,67 termasuk kategori sangat setuju, indikator konflik kerja sebesar 3,48 termasuk kategori sangat setuju, indikator kepemimpinan sebesar 3,67 termasuk kategori sangat setuju, dan indikator otoritas kerja sebesar 3,54 termasuk kategori sangat setuju. Hal ini menunjukkan bahwa stres kerja pada PT Millennium Pharmacon International Tbk Cabang Yogyakarta Tinggi.

Kata Kunci: *Stres Kerja*

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**ANALYSIS OF WORK STRESS AT PT MILLENNIUM PHARMACON
INTERNATIONAL TBK YOGYAKARTA BRANCH**

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Abstract

This study aims to determine and analyze Job Stress at PT Millennium Pharmacon International Tbk Yogyakarta Branch. This study uses a quantitative descriptive method. The population in this study were employees of PT Millennium Pharmacon International Tbk Yogyakarta Branch. The results of the study show that the average value of the workload indicator is 3.55 which is in the strongly agree category, the leader's attitude indicator is 3.64 which is in the strongly agree category, the working time indicator is 3.67 which is in the very agree category, the work conflict indicator is 3.48 which is in the category of strongly agree, the leadership indicator is 3.67 which is in the category of strongly agree, and the indicator of work authority is 3.54 which is in the category of strongly agree. This shows that work stress at PT Millennium Pharmacon International Tbk Yogyakarta Branch is high.

Keywords: Work Stress