


**ANALISIS *WORK LIFE BALANCE* PADA PEGAWAI DINAS  
PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU  
KABUPATEN SLEMAN**

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**Abstrak**

Penelitian ini bertujuan untuk mengetahui dan menganalisis *work life balance* pada pegawai Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Kabupaten Sleman. Metode penelitian yang digunakan dalam penelitian ini adalah metode kuantitatif dengan teknik *purposive sampling*. Data dikumpulkan melalui kuesioner yang disebar melalui *google forms*, dengan pengambilan sampel secara acak sebanyak 40 responden. Berdasarkan hasil penelitian secara keseluruhan, variabel *work life balance* memiliki nilai rata-rata sebesar 3,31. Berdasarkan indikator keseimbangan waktu diperoleh hasil nilai rata-rata sebesar 3,32, indikator keseimbangan keterlibatan memiliki nilai rata-rata sebesar 3,32, dan indikator keseimbangan kepuasan memiliki nilai rata-rata sebesar 3,30. Semua indikator tersebut dikategorikan sangat setuju.

**Kata Kunci:** *Work Life Balance*

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**ANALYSIS OF WORK-LIFE BALANCE IN EMPLOYEES OF THE  
INVESTMENT OFFICE AND ONE-STOP INTEGRATED SERVICE OF  
SLEMAN DISTRICT**

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***Abstract***

*This study aims to determine and analyze work life balance in employees of the Sleman Regency Investment and One-Stop Integrated Service Office. The research method used in this research was quantitative method with purposive sampling techniques. Data were collected via questionnaires distributed through Google Forms, with random sampling of 40 respondents. Based on the overall research results, the work life balance variable has an average value of 3.31. Based on the time balance indicator, the results has an average value of 3.32. The engagement balance indicator has an average value of 3.32, and the satisfaction balance indicator has an average value of 3.30. All these indicators are categorized in strongly agree category.*

***Keywords:*** *Work Life Balance*