

ABSTRACT

Sephia Rahmawati. 2024. *“Traumatic Experience of The Main Character in Novel As Long As Lemon Trees Grow by Zoulfa Katouh”*

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This novel is set in the civil war that occurred in Syria. This war happened because of a rebellion carried out by citizens against the government. Salama is one of the victims of this war which caused her to experience trauma. Salama is an ordinary girl who studied pharmacy, but suddenly she had to be a nurse and surgeon after the war. This research aims to identify the causes, forms, and impacts of the traumatic experiences of the main character, Salama, in the novel *As Long As Lemon Trees Grow* by Zoulfa Katouh. This research uses Cathy Caruth's trauma theory to analyze the trauma experienced by Salama. The data in the research were analyzed using qualitative methods. The data were collected by reading the novel carefully, marking several words to find out the context and gaining an in-depth understanding of the novel, then categorizing the data obtained regarding the research questions and analyzing this. This research found that the cause of Salama's trauma were by the civil war in her country and losing her beloved people. The forms of trauma shown by Salama are flashbacks, hallucinations, and negative cognitions and moods. The impact of the trauma on Salama are 1) rarely eating and messy sleeping hour, 2) feeling guilty, 3) recalling traumatic events and dreaming her past life, 4) having imaginary friends, and 5) seeing something that is just a hallucination (hallucination visual).

Keywords: *As Long As Lemon Trees Grow*, civil war, novel, trauma

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Novel ini berlatar belakang perang saudara yang terjadi di Suriah. Perang ini terjadi karena adanya pemberontakan yang dilakukan warga sipil terhadap pemerintah. Salama salah satu korban perang yang menyebabkan dia mengalami trauma. Salama adalah gadis biasa yang belajar farmasi, tapi tiba-tiba dia harus menjadi perawat dan ahli bedah setelah perang terjadi. Penelitian ini bertujuan untuk mengidentifikasi penyebab, bentuk, dan dampak pengalaman traumatis tokoh utama Salama dalam novel As Long As Lemon Trees Grow karya Zoulfa Katouh. Penelitian ini menggunakan teori trauma Cathy Caruth untuk menganalisis trauma yang dialami Salama. Data dalam penelitian dianalisis dengan menggunakan metode kualitatif. Pengumpulan data dilakukan dengan membaca novel secara cermat, menandai beberapa kata untuk mengetahui konteks dan memperoleh pemahaman mendalam terhadap novel, kemudian mengkategorikan data yang diperoleh mengenai pertanyaan penelitian dan menganalisisnya. Penelitian ini menemukan bahwa penyebab trauma Salama adalah perang saudara di negaranya dan kehilangan orang-orang yang dicintainya. Bentuk trauma yang ditunjukkan Salama adalah kilas balik, halusinasi, serta negatif kognisi dan suasana hati yang buruk. Dampak trauma yang dialami Salama adalah 1) jarang makan dan jam tidurnya berantakan, 2) merasa bersalah, 3) mengingat peristiwa traumatis dan memimpikan kehidupan masa lalunya, 4) mempunyai teman khayalan, dan 5) melihat sesuatu yang hanya sekedar halusinasi (halusinasi visual).

Kata kunci: *As Long As Lemon Trees Grow*, perang saudara, novel, trauma