

FAKTOR PERSONAL PENCEGAH PERILAKU AGRESIF PADA SUPORTER PSIM YOGYAKARTA

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ABSTRAK

Perilaku agresif kerap terjadi pada beberapa suporter sepak bola di sebagian wilayah di Indonesia. Dari hasil penelitian menunjukkan 5,59 persen dari 200 orang subjek adalah bentuk perilaku agresif adalah menyerang secara verbal atau simbolis. Tujuan penelitian ini adalah untuk mengetahui faktor personal pencegah perilaku agresif pada suporter PSIM Yogyakarta. Beberapa aspek perilaku agresif menurut Buss dan Perry (1992), diantaranya agresi fisik, agresi verbal, kemarahan dan permusuhan. Penelitian ini menggunakan metode kualitatif dengan desain studi kasus. Partisipan pada penelitian ini berjumlah tiga orang suporter klub bola PSIM Yogyakarta atau biasa disebut Brajamusti. Penelitian di lakukan di kota Yogyakarta yang merupakan markas barajamusti. Prosedur analisis dan intepretasi data dengan cara mencari dan menyusun secara sistematis data yang diperoleh dari hasil wawancara, catatan lapangan, dan bahan-bahan lain sehingga dapat mudah dipahami dan temuannya dapat diinformasikan kepada orang lain. Hasil penelitian mengungkapkan bahwa kontrol diri pada suporter berupa kontrol emosi yang baik diikuti empati seperti mampu menasihati dan menahan sesama suporter yang berisiko ikut dalam kerusuhan, serta menolong sesama suporter yang terluka. Suporter juga memiliki pengetahuan dan etika tentang sepak bola yang dapat mencegah perilaku agresif. saling menghargai dan menghormati sesama suporter juga mampu mencegah perilaku agresif, bersikap positif terhadap perbedaan suporter tim lawan mampu mengurangi risiko kerusuhan, penggunaan komunikasi yang baik mampu mengurangi tensi pertandingan. Suporter mampu menyadari dampak dari adanya keributan seperti muncul korban luka-luka hingga meninggal merupakan faktor pencegah perilaku agresif suporter PSIM Yogyakarta.

Kata Kunci: Faktor Personal, Perilaku Agresif, Sepak Bola, Suporter.

PERSONAL FACTORS FOR AGGRESSIVE BEHAVIOR ON PSIM YOGYAKARTA SUPPORTERS

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ABSTRACT

Aggressive behavior often occurs among football fans in several regions in Indonesia. From the results of the study showed that 5.59 percent of the 200 subjects were a form of aggressive behavior, namely attacking verbally or symbolically. The purpose of this study was to determine the personal factors that prevent aggressive behavior in PSIM Yogyakarta supporters. Several aspects of aggressive behavior according to Buss and Perry (1992), including physical aggression, verbal aggression, anger and hostility. This study uses a qualitative method with a case study design. The participants in this study were three supporters of the PSIM Yogyakarta football club or commonly called Brajamusti. The research was conducted in the city of Yogyakarta which is the barajamusti headquarters. Procedures for analyzing and interpreting data by searching for and systematically compiling data obtained from interviews, field notes, and other materials so that they can be easily understood and the findings can be informed to others. The results of the study revealed that self-control in supporters took the form of good emotional control followed by empathy, such as being able to advise and detain fellow supporters who were at risk of participating in riots, as well as helping injured fellow supporters. Supporters also have knowledge and ethics about football that can prevent aggressive behavior. Mutual respect and respect for fellow supporters is also able to prevent aggressive behavior, being positive towards differences in opposing team supporters can reduce the risk of riots, the use of good communication can reduce match tension. Supporters are able to realize the impact of the commotion such as the appearance of victims injured to death is a factor preventing the aggressive behavior of PSIM Yogyakarta supporters.

Keywords: *Aggressive Behavior, Football, Personal Factors, Supporters.*