

ABSTRAK

Dewanti Putri Wulandari. 2017. *Konseling Kelompok dengan Pendekatan Solution Focused Brief Counseling (SFBC) Untuk Meningkatkan Minat Membaca Pada Siswa Kelas XI Akuntansi di SMK 17 Seyegan Tahun Ajaran 2017/2018.* Tugas Akhir. Program Studi Bimbingan dan Konseling. Fakultas Pendidikan. Universitas Teknologi Yogyakarta. Pembimbing Erlin Fitria, M.Pd.

Penelitian ini bertujuan untuk meningkatkan minat membaca melalui konseling kelompok dengan pendekatan *solution focused brief counseling* (SFBC) pada siswa kelas XI Akuntansi di SMK 17 Seyegan tahun ajaran 2017/2018 serta mendeskripsikan proses pelaksanaan konseling kelompok dengan pendekatan *solution focused brief counseling* (SFBC).

Penelitian ini merupakan penelitian tindakan kelas yang dilakukan secara kolaboratif dengan guru bimbingan dan konseling yang terdiri dari 2 siklus yaitu siklus I dan siklus II. Dalam satu siklus dilaksanakan 4 kali tindakan. Subyek penelitian yaitu siswa kelas XI Akuntansi yang didapat berdasarkan hasil Daftar Cek Masalah dan pendapat guru BK di sekolah. Desain yang digunakan adalah model spiral penelitian Kemmis dan Mc.Taggart. Metode pengambilan data dilakukan dengan menggunakan instrumen skala minat membaca dan pedoman observasi. Analisis data dilakukan secara deskriptif kuantitatif.

Hasil penelitian ini menunjukkan adanya peningkatan minat membaca pada siswa kelas XI Akuntansi melalui konseling kelompok dengan pendekatan *solution focused brief counseling* (SFBC). Hal ini ditunjukkan dari peningkatan skor sebelum dan sesudah diberikan tindakan. Sebelum tindakan (*pre-test*) minat membaca siswa memperoleh skor *mean* sebesar 97,75 kemudian setelah diberikan tindakan skor *mean* meningkat menjadi 12,75. Sehingga memperoleh nilai skor sebesar 30. Kemudian dari hasil pedoman observasi terjadi peningkatan respon siswa saat pelaksanaan tindakan. Dalam konseling kelompok dengan pendekatan *solution focused brief counseling* (SFBC) menggunakan teknik *miracle question, scaling question, exception question, solution focused goals, compliment*, dan eksperimen tugas rumah.

Kata Kunci: *Konseling Kelompok dengan Pendekatan Solution Focused Brief Counseling (SFBC), Minat Membaca, Kelas XI Akuntansi.*

ABSTRACT

Dewanti Putri Wulandari. 2017. *Group Counseling With The Solution Focused Brief Counseling (SFBC) Approach For Improve Student's Interest Reading In XIth of class accounting Grade Students of SMK 17 Seyegan Academic Year 2017/2018. Final Assignment. Guidance and Counseling Study Program. Faculty Of Education. Yogyakarta University Of Technologi. Lecture: Erlin Fitria, M.Pd*

This research aims to increase interest in reading through group counseling with the solution focused brief counseling (SFBC) approach for at grade XIth of class accounting with student of SMK 17 Seyegan academic year 2017/2018 and describe the process of group counseling with solution focused brief counseling (SFBC) approach.

This research was classroom action research that was done collaboratively with guidance and counseling teachers which consist of two cycles, namely cycle I and cycle II. In one cycle, 4 actions were performed. The subject of the research of this research as students at grade XI of class accounting. It was selected form DCM data and the opinions of the BK teachers in the school. The design used is of was spiral model research of Kemmis and Mc.Taggart. The Methods of colleting data use was reading interest instrument scale and obervation guidelines. The data was analysis by using quantitave descriptively technique.

The result ed show at group counseling with a solution focused brief counseling approach could improve student's reading interest of student's XI of class accounting of SMK 17 Seyegan. It could bee seen that the was improvement of score before and after given action. Before the action (pre-test) reading interest the students obtained a mean score of 97.75 then after being given the action the mean score increased to 12.75. So get gian score of 30. Then from result of observation guidance happened improvement of student response when execution action. In group counseling with solution focused brief counseling approach (SFBC) using miracle questioning, scaling question, exeption question, solution focused goals, compliment, and home task experiments.

Keywords: *Group Counseling With The Solution Focused Brief Counseling (SFBC) Approach, Interest Reading, XI of class accounting*

