



## ABSTRAK

### REPRESENTASI DEPRESI KARAKTER 13 PADA FILM “THE SHADOW STRAYS”

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Penelitian ini bertujuan untuk menganalisis representasi depresi pada karakter 13 dalam film "The Shadow Strays" dengan menggunakan teori semiotika Roland Barthes sebagai landasan analisis. Studi ini menggunakan metode kualitatif deskriptif dengan teknik pengumpulan data melalui observasi langsung terhadap film, studi pustaka, dan dokumentasi adegan-adegan yang merepresentasikan gejala depresi. Hasil penelitian menunjukkan bahwa karakter 13 mengalami berbagai gejala depresi mayor, seperti insomnia, serangan panik, gangguan kecemasan, trauma masa lalu, dan ketergantungan obat penenang, yang divisualisasikan melalui kode-kode audio visual seperti pencahayaan remang, backsound mencekam, serta simbol-simbol seperti denging di kepala dan perilaku self-healing. Analisis makna denotasi, konotasi, dan mitos mengungkapkan bahwa film ini tidak hanya menampilkan depresi sebagai masalah psikologis, tetapi juga mengkritik stigma masyarakat yang kerap menganggap remeh gangguan mental dan pentingnya dukungan sosial bagi penderita depresi. Dengan demikian, film "The Shadow Strays" berhasil menjadi media edukasi dan refleksi yang membongkar mitos serta membangun empati terhadap isu kesehatan mental di masyarakat.

**Kata Kunci:** Representasi Depresi, Film, Roland Barthes, Karakter 13

## **ABSTRACT**

### **DEPRESSION REPRESENTATION OF CHARACTER 13 IN THE FILM “SHADOW STRAYS”**

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*This study aims to analyze the representation of depression in character 13 in the film "The Shadow Strays" using Roland Barthes' semiotic theory as the basis of analysis. This study uses a descriptive qualitative method with data collection techniques through direct observation of the film, literature review, and documentation of scenes that represent symptoms of depression. The results of the study show that character 13 experiences various symptoms of major depression, such as insomnia, panic attacks, anxiety disorders, past trauma, and dependence on tranquilizers, which are visualized through audio-visual codes such as dim lighting, tense background sound, and symbols such as ringing in the head and self-healing behavior. Analysis of denotative meaning, connotation, and myths reveals that this film not only presents depression as a psychological problem, but also criticizes the stigma of society that often underestimates mental disorders and the importance of social support for people with depression. Thus, the film "The Shadow Strays" has succeeded in becoming an educational and reflective medium that debunks myths and builds empathy for mental health issues in society.*

**Keywords:** *Representation of Depression, Film, Roland Barthes, Character 13*