

“STUDI KASUS : KESEJAHTERAAN SUBJEKTIF (*SUBJECTIVE WELL BEING*) PADA GENERASI Z SANTRI PONDOK PESANTREN TAHFIDZ YANBU’UL QUR’AN REMAJA”

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ABSTRAK

Terdapat berbagai macam lembaga pendidikan di Indonesia, salah satunya lembaga pendidikan keagamaan pondok pesantren. Beberapa kasus di pondok pesantren seperti melakukan pelanggaran terhadap peraturan di pondok pesantren dikarenakan timbulnya rasa malas dan bosan terhadap kegiatan rutinitas di pesantren. Penelitian ini bertujuan untuk mengetahui subjective well being dan faktor yang mempengaruhinya. Metode yang digunakan yaitu metode kualitatif, pengambilan data dilakukan dengan wawancara, observasi dan dokumentasi. Subjek penelitian berjumlah tiga orang, yaitu santri Pondok Pesantren Tahfidz Yanbu’ul Qur’an Remaja Kudus. Berdasarkan hasil penelitian dapat disimpulkan bahwa terdapat perbedaan pada subjective well being ketiga subjek, hal tersebut dikarenakan beberapa faktor yang mempengaruhi seperti faktor tujuan hidup, faktor kepribadian dan faktor kualitas hubungan sosial.

Kata Kunci : Pondok Pesantren, *Subjective Well Being*, Santri

"CASE STUDY: SUBJECTIVE WELL BEING IN Z GENERATION OF SANTRI PONDOK PESANTREN TAHFIDZ YANBU'UL QUR'AN REMAJA"

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ABSTRAK

There are various kinds of educational institutions in Indonesia, one of which is the religious boarding school. Some cases in Islamic boarding schools, such as violating regulations in Islamic boarding schools, are caused by feeling lazy and bored with routine activities in Islamic boarding schools. This study aims to determine subjective well being and the factors that influence it. The method used is a qualitative method, and data collection is done by interview, observation and documentation. The subject of the study consisted of three students of the Islamic Boarding School Tahfidz Yanbu'ul Qur'an Remaja, Kudus. Based on the results of the study it can be concluded that there are differences in subjective well being of the three subjects. It is due to several factors that influence such as life purpose factors, personality factors and the quality of social relations.

Keywords: Islamic boarding school, Subjective Well Being, Santri