

# **ATTACHMENT PASANGAN PADA ISTRI YANG MENGALAMI LONG DISTANCE MARRIAGE**

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## **ABSTRAK**

*Long distance marriage merupakan ikatan pernikahan dimana pasangan suami istri dipisahkan oleh jarak yang tidak memungkinkan adanya kedekatan secara fisik untuk periode waktu tertentu. Menjalani pernikahan jarak jauh membuat seorang istri memiliki beban dan tanggung jawab hampir sama dengan orangtua tunggal. Penelitian ini bertujuan untuk mengetahui attachment pada istri yang mengalami long distance marriage. Penelitian ini melibatkan 3 orang istri yang mengalami pernikahan jarak jauh dan 3 orang significant other yang merupakan orang terdekat subjek. Teknik pengambilan subjek menggunakan purposive sampling. Penelitian ini menggunakan metode penelitian kualitatif dengan bentuk studi kasus yang menggambarkan fenomena alamiah. Metode pengambilan data yang digunakan yaitu observasi, wawancara dan dokumentasi. Hasil penelitian menunjukkan bahwa subjek 1 memiliki secure attachment, sedangkan subjek 2 dan 3 memiliki fearful-avoidant attachment. Terdapat faktor-faktor yang mempengaruhi attachment pasangan pada istri yang mengalami long distance marriage yaitu, pengalaman masa lalu, situasi, kepribadian, dan peranan orangtua.*

**Kata Kunci :** *Attachment, Istri, Long Distance Marriage*

## **SPOUSE ATTACHMENT OF A WIFE WHO HAS A LONG DISTANCE MARRIAGE**

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### **ABSTRACT**

*Long distance marriage is a marriage bond in which husband and wife are separated by a distance that does not allow for physical closeness for a certain period of time. Having a long-distance marriage makes a wife have the same burden and responsibility as a single parent. This study aims to determine attachment to wives who experience long distance marriage. This study involved 3 wives who experienced long-distance marriage and 3 other significant people who were the closest people to the subject. The technique of taking the subject is using purposive sampling. This study uses qualitative research methods in the form of case studies that describe natural phenomena. Data collection methods used are observation, interviews and documentation. The results showed that subject 1 had a secure attachment, while subjects 2 and 3 had a fearful-avoidant attachment. There are factors that influence the attachment of a partner to a wife who has experienced a long distance marriage, namely, past experience, situation, personality, and the role of parents.*

**Keywords :** Attachment, Wife, Long Distance Marriage