

# **PENGARUH STRES KERJA SELAMA PANDEMI COVID-19 TERHADAP KINERJA KARYAWAN PT. PAMAPERSADA NUSANTARA KPCS**

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## **ABSTRAK**

*Pandemi covid-19 menyebabkan sebagian orang merasa khawatir yang berlebihan. Fenomena ini menyebabkan pekerja mengalami stres. Stres kerja dapat mempengaruhi kinerja karyawan. Penelitian ini bertujuan untuk mengetahui pengaruh stres kerja selama pandemi covid-19 terhadap kinerja karyawan PT. Pamapersada Nusantara KPCS. Metode penelitian yang digunakan adalah kuantitatif melalui skala stres kerja selama pandemi covid-19 dan skala kinerja karyawan, dengan teknik pengambilan sampel yaitu teknik probability sampling. penelitian ini mengambil 210 responden yang merupakan karyawan PT. Pamapersada Nusantara KPCS. Hasil uji hipotesis menggunakan analisis regresi linear sederhana menunjukkan bahwa stres kerja selama pandemi covid-19 terhadap kinerja karyawan PT. Pamapersada Nusantara KPCS memiliki nilai signifikan  $0,000 < 0,05$  sehingga  $H_0$  diterima. Kesimpulan dari penelitian ini adalah terdapat pengaruh yang signifikan antara stres kerja selama pandemi covid-19 terhadap kinerja karyawan PT. Pamapersada Nusantara KPCS.*

**Kata kunci:** Covid-19, Kinerja Karyawan, Stres Kerja

# THE EFFECT OF JOB STRESS ON EMPLOYEE'S PERFORMANCE AT PT. PAMAPERSADA NUSANTARA KPCS DURING THE COVID-19 PANDEMIC

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## **ABSTRACT**

*The covid-19 pandemic has caused some people to worry too much. This phenomenon causes workers to experience stress. Job stress can affect employee performance. This study aims to determine the effect of job stress during the covid-19 pandemic on employee's performance PT. Pamapersada Nusantara KPCS. The research method used is quantitative through a job stress during at covid-19 scale and a employee's performance scale, with a sampling technique using probability sampling. This study took 210 employees PT. Pamapersada Nusantara KPCS. The results of the simple linear regression test show that job stress during the covid-19 pandemic on employee performance PT. Pamapersada Nusantara KPCS has a significant value of  $0.000 < 0.05$ . This means that there is a significant effect between job stress during the covid-19 pandemic on employee's performance. The conclusion of this study is shows that job stress during the covid-19 pandemic has contributed 16% to employee's performance PT. Pamapersada Nusantara KPCS.*

**Keyword:** Covid-19, Employee's Performance, Work Stress