

**RESILIENSI PADA MAHASISWA TINGKAT AKHIR YANG  
MENGERJAKAN TUGAS AKHIR DI MASA PANDEMI COVID-19  
(Studi pada Mahasiswa Tingkat Akhir Universitas Teknologi  
Yogyakarta yang Mengerjakan Tugas Akhir)**

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**ABSTRAK**

*Pandemi Covid-19 berdampak pada berbagai sektor, salah satunya pendidikan. Penelitian ini secara khusus bertujuan untuk mengetahui bagaimana resiliensi mahasiswa tingkat akhir yang mengerjakan skripsi di masa pandemi covid 19 di Universitas Teknologi Yogyakarta. Metode penelitian yang digunakan adalah metode kualitatif dengan pendekatan studi kasus. Pemilihan subjek penelitian menggunakan teknik purposive sampling. Subjek dalam penelitian ini adalah tiga mahasiswa tingkat akhir di Universitas Teknologi Yogyakarta yang sedang mengerjakan skripsi dan tiga significant other. Pengambilan data dilakukan dengan metode observasi tersamar, wawancara semi terstruktur, dan dokumentasi. Hasil penelitian menunjukkan bahwa resiliensi yang dimiliki ketiga subjek dalam kategori tinggi. Artinya, ketiga subjek mampu bertahan dan menghadapi kesulitan dalam mengerjakan skripsi di masa pandemi covid-19. Kemampuan resiliensi yang dimiliki ketiga subjek lalu dianalisis menggunakan aspek dari Reivich and Shatte (2002), yaitu emotion regulation, impulse control, optimis, casual analysis, menempathy, self efficacy, dan reaching out. Ketiga subjek mampu menghadapi skripsi meski dalam kondisi pandemi dengan berfokus dalam penyelesaian kesulitan yang dihadapi, memahami tanggung jawab untuk mengerjakan skripsi dengan mentaati protokol kesehatan, memiliki empati yang tinggi, memiliki keyakinan untuk dapat menyelesaikan skripsi dengan tepat waktu, serta memiliki kemauan untuk mengoptimalkan kemampuan yang dimiliki agar mendapatkan hasil yang maksimal.*

**Kata kunci:** Mahasiswa Tingkat Akhir, Resiliensi, Skripsi di Masa Pandemi Covid-19

**THE RESILIENCE OF FINAL YEAR STUDENTS WORKING ON  
THESES DURING THE COVID-19 PANDEMIC**  
**(A Case Study on Final Year Students Working on Their Theses in  
Technology University of Yogyakarta)**

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**ABSTRACT**

*The Covid-19 pandemic has impacted various factors, one of them is on education. This study especially aims to find out how the resilience of final year students working on their theses during the COVID-19 pandemic in Technology University of Yogyakarta are. This qualitative study employed a case study approach. Research subjects were selected using purposive sampling technique. They were three final year students at the Technology University of Yogyakarta who were working on their theses and also three significant others. Data collection was carried out using covert observation methods, semi-structured interviews, and documentation. The results showed that the resilience of the three subjects was in the high category. It means that, those three subjects were able to survive and face difficulties in working on their theses during the COVID-19 pandemic. The resilience abilities of the three subjects were then analyzed using aspects from Reivich and Shatte (2002), they were emotion regulation, impulse control, optimism, causal analysis, placing, self-efficacy, and reaching out. The three subjects were able to work on their theses even in a pandemic condition by focusing on solving the difficulties they faced, understanding the responsibility to work on the thesis by complying with health protocols, having high empathy, having the confidence to be able to complete the thesis on time, and showing strong determination to optimize their abilities in order to reach maximum results.*

**Keywords:** Final Year Students, Resilience, Thesis during the COVID-19 Pandemic